
WHO WE ARE

The National Grange, founded in 1867, is a nonprofit, nonpartisan, fraternal organization that advocates for rural America and brings rural communities together.



RetireSafe is a grass-roots, non-profit organization formed in 1991 with the mission to educate and advocate on behalf of mature Americans on issues including Social Security, Medicare, health, safe retirement and financial well-being.



OUR MISSION

The National Grange and RetireSafe have partnered to bring this information to two groups that face extra challenges when it comes to healthcare: rural and elderly Americans.

Being diagnosed with cancer can be devastating, and we hope this series will give you the information and confidence to face the journey ahead.



For more information and to view the completed presentation, visit:

www.nationalgrange.org

or

www.retiresafe.org

WHAT TO DO WITH A CANCER DIAGNOSIS



A 6-PART SERIES PRESENTED BY:
The National Grange & RetireSafe

SPONSORED BY:
Bristol Myers Squibb



PART 1: PREPARE AHEAD OF TIME

There are many things to keep in mind in case you ever are diagnosed. This includes having documents like a list of medications, insurance providers, and medical history.

PART 2: TOOLS TO HELP UNDERSTAND YOUR DIAGNOSIS

After receiving the news that you have cancer, the next steps can include reaching out to your loved ones for support and calling your doctor to make your first appointment. To prepare for your appointment, it is recommended to have a list of questions for your doctor, gather your paperwork, and do your research.

PART 3: PATIENT AND CAREGIVER GOALS

After a diagnosis, it is important to establish goals for your treatment and outcome. Assess your goals based on financial, timing, and energy abilities.



The National Grange and RetireSafe have partnered to create an informational presentation about steps to take before and after receiving a cancer diagnosis. The final product is a six-part, narrated PowerPoint presentation titled "What to Do With a Cancer Diagnosis."



This series will be valuable to you if you:

- have received a diagnosis
- have a loved one who has received a diagnosis
- want to learn what to do in case you receive a diagnosis in the future

PART 4: TREATMENT OPTIONS

Deciding on your treatment can be overwhelming. Every option comes with its own pros and cons, and you will have to choose what is best for your cancer and its stage.

PART 5: SHARED DECISION MAKING

Ultimately, all parts of the treatment process are your decision. However, it is recommended to have a support system by your side to help you make these important choices. They can be doctors, loved ones, and support groups. Your opinion is what matters most, but their input and support can make the process easier.

PART 6: BECOMING A PATIENT ADVOCATE

It is important to learn how to advocate for yourself when going through treatment. You are your best advocate because only you fully understand your situation.

